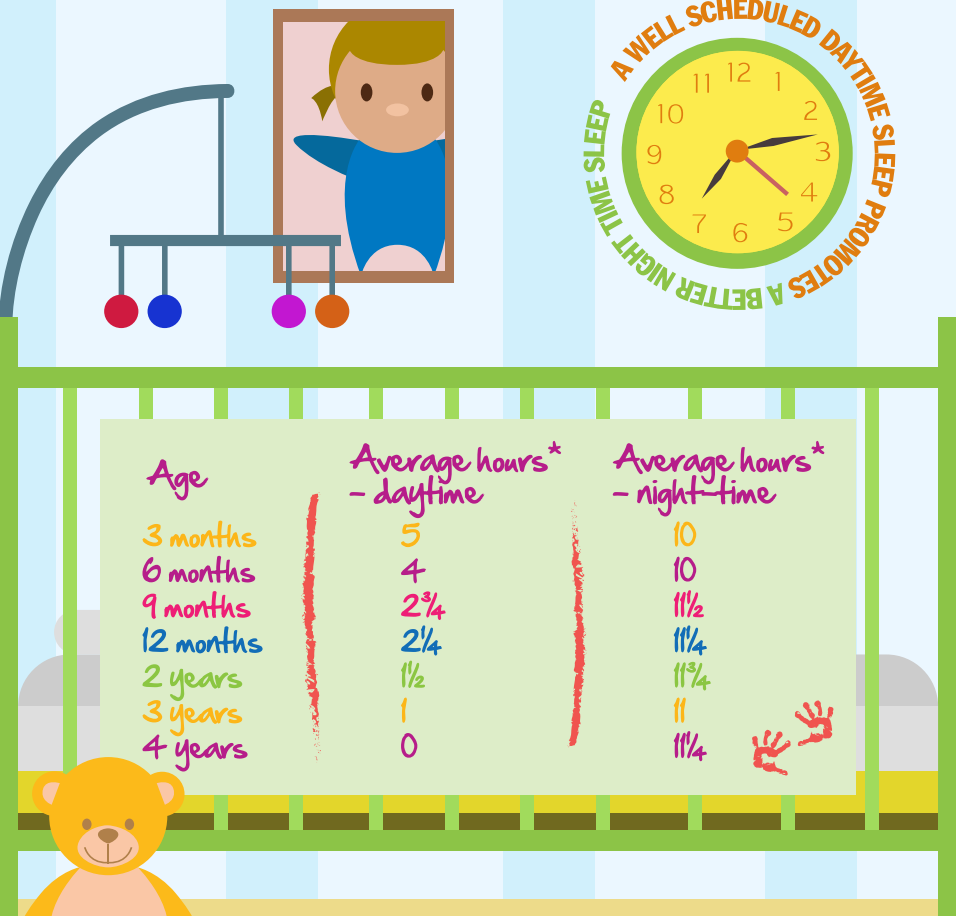


# And so to bed...

promoting **sleep** in the early years



Using a comforter from home can help a child at nap time

